



Youth mental health in deprived urban areas: A Delphi study on the role of the GP in early intervention.

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Table 1: Description of guidelines available relating to youth mental health and substance-use treatment and services under the following headings: country of origin, development method, to which age group they apply, if they are tailored for primary care/general practice, and if they address mental health and/or substance-use issues.

Reference	Description	Country of Origin	Development method	Adult Guidelines	Child guidelines	Youth	Primary Care/GP	Mental Health Issues	Substance-use
AACAP [44]	Assessment and treatment of children and adolescents With Suicidal behaviour	USA	Expert consensus on best available research evidence, validated by independent review	No	Yes	No	No	Yes	Yes
AACAP [45]	Assessment and treatment of children and adolescents With substance use disorders	USA	Expert consensus on best available research evidence, validated by independent review	No	Yes	No	Yes	No	Yes
AACAP [20]	Assessment and treatment of children and adolescents With depressive disorders	USA	Expert consensus on best available research evidence, validated by independent review	No	Yes	No	Yes	Yes	No
AACAP[46]	Assessment and treatment of children and adolescents with schizophrenia	USA	Expert consensus on best available research evidence, validated by independent review	No	Yes	No	No	Yes	No
AACAP[47]	Assessment and treatment of children and adolescents with OCD.	USA	Expert consensus on best available research evidence, validated by independent review	No	Yes	No	Yes	Yes	No

American Psychiatric Association[17]	Assessment and treatment of patients with suicidal behaviours	USA	Steering committee of experts using evidence based practice	Yes	No	No	No	Yes	No
beyondblue [19]	Management of depression in primary care	Australia	Not stated	Yes	No	No	Yes	Yes	No
beyondblue[48]	Depression in adolescents and young adults.	Australia	Expert advisory groups, drawing upon the best available research evidence.	Yes	Yes (13yrs+)	Yes	Yes	Yes	No
Centre for Addiction and Mental Health [40]	Guidelines for mental health promotion programs for children and youth.	Canada	Based on literature review	No	Yes	Yes	No	Yes	No
Dept of Health UK [37]	Youth friendly practice criteria	UK	Best Practice in 30 different countries	No	Yes	Yes	Yes	No	No
HSE [49]	Management of depression and anxiety in primary care	Ireland	Expert group creation using reviewed evidence	Yes	No	No	Yes	Yes	No
HSE [50]	Assessment of adolescent-friendly services	Ireland	Literature review and consultation with young people	No	Yes	Yes	No	No	No
International Planned Parenthood Federation[38]	Strengthening and assessing youth friendly services	UK	Youth Team with Quality of Care team	No	No	Yes	No	No	No

IPPF, UNICEF, and Pacific Islands Adolescent Health and Development [51]	Standards for youth friendly services	UNICEF/Pacific Islands	Based on previous guideline development in other locations.	No	Yes	Yes	No	No	No
Irish College of General Practitioners [52]	Early psychosis diagnosis and management	Ireland	ICGP Quality in Practice Committee based on research evidence	Yes	No	No	Yes	Yes	No
Irish College of General Practitioners [53]	Child and adolescent mental health: Diagnosis and management	Ireland	ICGP Quality in Practice Committee based on research evidence	No	Yes	No	Yes	Yes	Yes
New Zealand Guidelines Group [54]	Identification and management of common mental disorders and depression in primary care	New Zealand	Guideline development team based on review of research evidence	Yes	Yes	Yes	Yes	Yes	No
NIAAA[55]	Alcohol screening and brief intervention for youth.	USA	Primary survey research	No	Yes	Yes	Yes	No	No
NICE [56]	Clinical guideline on eating disorders	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes	No	No	Yes	No
NICE [57]	Clinical guideline on Obsessive-Compulsive Disorder (OCD) and Body Dysmorphic Disorder	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	No	No	No	Yes	No

	(BDD)								
NICE [58]	Clinical guideline on depression in children and young people.	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	No	Yes	(ONLY TO AGE 18)	Yes	Yes	No
NICE [59]	Clinical Guideline on bi-polar disorder	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	No	No	Yes	Yes	No
NICE [16]	Clinical guideline on drug misuse: psychosocial interventions	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	No	No	No	No	Yes
NICE [60]	Public health guidance on interventions to reduce substance misuse among vulnerable and disadvantaged children and young people	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	No	Yes	Yes	Yes	No	Yes
NICE [61]	Clinical guideline on ADHD	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes	Yes	Yes	Yes	No
NICE [62]	Clinical guideline for Borderline Personality Disorder	UK	Guideline development group, review of evidence, independent review panel verified guidelines	Yes	No	No	Yes	Yes	No

NICE [18]	Clinical Guideline on depression in adults	UK	Guideline development group, review of evidence, adaptation from previous guidelines, independent review panel verified guidelines	Yes	No	No	Yes	Yes	No
NICE [63]	Clinical guideline on alcohol-use disorders: physical complications	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes	Yes	Yes	No	Yes
NICE [64]	Public health guidance on alcohol-use disorders: preventing harmful drinking	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes	Yes	Yes	No	Yes
NICE [39]	Clinical guideline on common mental health disorders	UK	Guideline development group, review of evidence, adaptation from previous guidelines, independent review panel verified guidelines	Yes	No	No	Yes	Yes	No
NICE [65]	Clinical guideline on psychosis with coexisting substance misuse	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes (14 year s+)	No	Yes	Yes	Yes
NICE [66]	Clinical guideline on long-term management of self-harm.	UK	Guideline development group, review of evidence, Independent review panel verified guidelines	Yes	Yes	Yes	Yes	Yes	No

NICE [67]	Clinical Guideline on anxiety	UK	Guideline development group, review of evidence, adaptation from previous guidelines, independent review panel verified guidelines	Yes	No	No	Yes	Yes	No
NICE [68]	Clinical Guideline on alcohol-use disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence	UK	Guideline development group, review of evidence, adaptation from previous guidelines, independent review panel verified guidelines	Yes	Yes	Yes	Yes	No	Yes
NICE [69]	Clinical guideline on psychosis and schizophrenia in children and young people	UK	Guideline development group, review of evidence, adaptation from previous guidelines, independent review panel verified guidelines	No	Yes	Yes	Yes	Yes	No
NSMHA[70]	Diagnosis of childhood and adolescent behavioural disturbances	USA	Evolving scientific research and experience/DSM-IV	No	Yes	Yes	No	Yes	No
NSW CAAH[36]	Enhancing the skills of GPs in caring for young people from culturally diverse backgrounds	Australia	Research evidence and best practice	No	No	Yes	Yes	Yes	Yes