



Youth mental health in deprived urban areas: A Delphi study on the role of the GP in early intervention.

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Table 3: How important is it to include each item for addressing youth mental health and substance-use in primary care? The percentage results and average score of each item as rated by the expert panel. Items are listed from greatest agreement to least agreement.

Items to address in primary care/general practice	SA %	A%	D%	SD%	\bar{X}
How to best identify mental and substance-use disorders	86	14	0	0	3.86
Mental health assessment and substance-use explored as part of holistic assessment	79	21	0	0	3.79
Preventative health – promoting mental health with YP, prosocial activities	79	21	0	0	3.79
Referral pathways (who to refer where, and when)	79	21	0	0	3.79
Inter-agency collaboration (standardized referral/info sharing) and inclusions	71	29	0	0	3.71
Youth friendly practices (confidentiality, interpersonal skills, increasing contact, parental consent obtained in advance)	71	21	7	0	3.64
Preventative health – information provision for parents/guardians	64	36	0	0	3.64
Access provided to YP without cost ('teen visit' for those with medical card, using a Special Treatment form/outreach clinics by GPs local to YP)	64	36	0	0	3.64
Which problems affect YP at different stages of development	50	50	0	0	3.50
How to best tackle consent issues (under and over 18 years)	50	43	7	0	3.43
Non-medicalisation at the point of entry, getting a greater understanding of the life of YP.	50	36	7	7	3.29
Discussing bullying	43	57	0	0	3.43
Discussing sexuality	43	57	0	0	3.43
Treatment strategies	43	57	0	0	3.43
Inclusion of schools	36	50	7	7	3.14
Role of opportunistic screening / computer aided reminders	29	71	0	0	3.29
Providing information of process through healthcare to YP	29	64	7	0	3.21
Understanding context of YP, and looking to actively address social deficits as part of intervention	29	64	7	0	3.21
Labeling/coding a diagnosis	29	64	7	0	3.21
Knowing what is an age appropriate social role, and positive mental health behavior in YP	21	79	0	0	3.21

SA = Strongly Agree; A = Agree; D= Disagree; SD = Strongly Disagree; \bar{X} = mean score on rating (1-4); YP = Young Person; CPD = Continual Professional Development