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Moyross community mapping survey

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UL Engage Reports

2018, No. 7

Moyross Community Mapping Survey

Travis Hammerstad



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2018, No. 7

Moyross Community Mapping Survey

Travis Hammerstad

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ABSTRACT



This report provides the results of a community mapping exercise in and around the Moyross area. The report is intended to act as a guide to the services available in Moyross and serve as a catalyst for collaboration. Wherever possible, organisations were contacted personally. In some cases, alternative secondary sources were the only available references.

Approximately 50 organisations, ranging from schools, to churches, to community groups, are listed with details of the mission, services provided, and contact information.

It is my vision that this book will become an important resource for the community and that is utilised to aid those in need in the quickest and most efficient way possible.

ABOUT THE AUTHOR

Travis Hammerstad is a second-year undergraduate, studying abroad at the University of Limerick. Travis is majoring in chemical engineering and chemistry and has a passion for helping others in any way that he can. If there are any queries about this report, Travis is available by email at: hamme563@umn.edu.



INTRODUCTION

Moyross is located on the North Side of Limerick City, and until 2008 the estate spanned two electoral areas, both the Limerick City Council and the Limerick County Council (Limerickregeneration.org, 2018). After 2008 the Limerick City and County Councils joined into one governing body, as recommended by the Brosnan Report (Brosnan, 2014). Still, however, the connection at political level is not reflected at a practical level in Moyross. To this day Moyross has a wall segregating it from more affluent regions of Limerick City.

Developed between 1973 and 1987 as the largest social housing estate in Ireland, Moyross encompasses approximately 1000 houses at present (Limerickregeneration.org, 2018) and is beset by a number of challenges. A 2012 study that found that over 75% of the houses in the Northside Region had their main source of income coming from social welfare payments (Humphreys, McCafferty and Higgins, 2012). A study published in 2006 found that 64% of all family units in Moyross were headed by a lone parent. Socio-economic disadvantage has been a feature of Moyross since it was first built: “from the 1980s, Moyross experiences extreme levels of poverty and disadvantage with an unemployment figure of 84%” (Limerickregeneration.org, 2018). This high level of unemployment, coupled with that fact that Moyross was built as a cul-de-sac with limited entrance and exit points, led to anti-social behaviour that was amongst the highest levels in Limerick (Paulpartnership.ie, 2018). These issues among others presented unique challenges to the citizens of Moyross.

THE CATALYST FOR REGENERATION AND THE FITZGERALD REPORT

In 2006, the impact of anti-social behavior in Moyross became something of a national concern following widely publicized incidents of gun violence and petrol bomb attacks that peaked in intensity during 2006. The attack that garnered the most media attention occurred during September 2006 after Shelia Murray, a mother, turned down youths for a ride to the courthouse. Approximately 10 minutes later, while Shelia’s car was parked outside her home, the youths attacked her car with a petrol bomb while two children sat inside. The children survived with severe burns, and intensive treatment was needed to ensure their survival. The three teenagers that conducted the attack were later charged and convicted for their crime (Limerickregeneration.org, 2018).

This incident became a rallying cry for the Moyross area and Limerick City as a whole. The government took note and sent John Fitzgerald, a former Dublin City Manager, to lead an initiative to address the anti-social behavior and general troubles in Moyross and other deprived areas of Limerick (Limerickregeneration.org, 2018).

The ‘Fitzgerald Report’ was published on April 3rd 2007, and recommended the creation of a comprehensive five-year plan to address crime and other issues found in the areas it identified as in need of ‘regeneration’. The report first acknowledged the problems associated with the ‘regeneration areas’: the Moyross and Southill regions had unemployment five times the national average. Also highlighted was the high concentration of social housing estates within the city boundary. Limerick at this time had approximately 18,900 houses in the city council area, with some 8,000 of them constructed as social housing. The report noted that “violent crime, related both to gang rivalry and drugs, is now a very serious issue and is gradually extending over wider areas” (Fitzgerald, 2007).

The regeneration areas established by the Brosnan Report included Moyross, Southill, St. Mary's Park, and Ballinacurra Weston. The living conditions across the board were poor, with illegal dumping and burnt out houses polluting the local area. Truancy was a serious problem, and the viability of local schools was dropping as many chose to send their children outside of the area for education. Only 25% of the primary schools remained in the O'Malley Park and Moyross area compared to just 10 years earlier. There was also a severe lack of medical care, activities for children, and community resources in general. The concern was that if the struggling areas were not properly addressed the social issues that they suffered from would spread like a "blight" to infect the rest of the city (Fitzgerald, 2007).

The Brosnan Report did highlight that there were community groups operating in the troubled areas, and that the citizens in those areas whilst proud, are generally accepting of aid and committed to actions to improve the community. A three-phase plan was laid out to help address the problems investigated in the report.

The plan's priority was dealing with criminal activity in order to help set a stable base for the rest of the regeneration by returning the regeneration areas to a safer environment. This was crucial as the social and economic plans would be useless if the high crime rates continued. The strategy for reducing crime was to enact intensive policing policies in the short term such as targeting those with a history of criminal activity and appointing 100 additional Gardaí, whose sole purpose would be to patrol the troubled areas (Fitzgerald, 2007).

Another decision made was to improve the infrastructure of the area. This was of particular concern in Moyross, which effectively presented a cul-de-sac with only one looped road entering and leaving. The report further recommended the use of fiscal incentives to attract development into the area, which it was envisaged would help alleviate a variety of issues. Regeneration of the housing stock was also a main goal, as there were approximately 1100 houses in Moyross, with more than a third no longer suitable for further remediation work. The solution to this problem was to demolish and rebuild many homes (Fitzgerald, 2007).

ANALYSIS AND PRESS PROMPTED BY THE FITZGERALD REPORT

A 2011 study that surveyed all regeneration areas and measured the perceived progress since the regeneration programme was started in 2007: 57% of respondents reported that their overall quality of life had "worsened" while only 11% perceived it to have improved. The number one reason given for the worsening condition was crime. This conclusion was troubling because the reduction of crime and anti-social behavior was one of the three pillars of the regeneration efforts and it was a gateway to allow the other two pillars to work. This study also identified other barriers to services that included "lack of awareness of services, negative experiences with a service in the past, and fear of stigmatization." These roadblocks also contributed to the slow start to regeneration in the eyes of the people that it was intending to help (Stevenson and McNamara, 2018).

A constant feature associated with the regeneration efforts was the dramatic press coverage of the regeneration areas, but specifically Moyross, as it was the main focus of press attention as a catalyst for regeneration in the first place. The problem was not that the area was getting press, but that rather the area was often painted with a wide brushstroke as an homogenous group. In January 2008, *the Irish Sun* led with the headline “It’s no great loss,” referring to the mass demolition that was scheduled to take place in the regeneration areas (Neil, 2008). The opening line reinforced the dreadful mood by suggesting that “The worst estates ever seen in Ireland will be torn down next year in a bid to drive the hated criminals out of town” (Neil, 2008). Another London news source highlighted the general frustration with the progress of regeneration, which it was feared might focus too much on capital development at the cost of the social needs of a community (Waghorne, 2008). Whilst this article suggested that it would be easier to “pay those there to move out, bulldoze the empty estate one by one, and admit defeat”, it gave no indication about where the dispossessed might move to (Waghorne, 2008). Articles like this exemplified the fatalist and pessimistic tone that was used to portray areas like Moyross in the popular media. Although often alluding to real problems, these articles and others like them helped to perpetuate many of the struggles faced by residents in Moyross and other regeneration areas. The intense stigmatism surrounding Moyross made it difficult for those living there to access work and other services and/or supports, which often slowed the regeneration efforts.

A few years later, a *Limerick Leader* article published in 2014 showed that the same issues were present. The title of the piece “Limerick Regeneration isn’t a ‘people centered’ policy,” gave voice to the nagging issues surrounding the regeneration efforts. The priest who was interviewed for this piece emphasized the foolishness of demolitions, and a need to refocus efforts to more directly help the people. He noted that “Moyross has lost over a third of its population” which demonstrates just how dire the situation was and that much improvement was still needed (*Limerick Leader*, 2014).

Moyross residents launching their community theatre production—“MOYROSS’



Source: *Limerick Post*, May 1 2014

MAPPING COMMUNITY SERVICES IN MOYROSS

GOALS OF THE PROJECT

The goals of this project are essentially three-fold: to assist local agencies; local residents; and would-be newcomers to Moyross. First, in relation to local agencies, this report is intended as a resource to the dozens of agencies listed in this report to aid in mutual knowledge and potential collaborative actions, shared strategies and co-existence. I hope that they can use it to refer their clients to other organizations as necessary. Second, this report is aimed at the residents of Moyross and surrounding areas, to enable them to take advantage of the supports and services listed in this report. Third, it is hoped that this report will aid any groups or agencies that form in the area, including those who might plan to do research or associated development activities in the area, by providing a comprehensive view of those already working in the area. I hope that having a single reference document to look up all available services and supports is a useful resource and I sincerely hope that it enables those in need find the supports or services that they require.

RESEARCH METHODS

In 2013, the Limerick Northside RAPID Programme produced a map of the Moyross area with approximately 30 organizations on it. It was titled “Map of Community Facilities in Limerick Northside RAPID Area.” This, combined with a locally produced Community Information Booklet was one of the primary resources in my research. Both publications contained some basic information about services provided and contact information, which was supplemented with field trips to local agencies and community development workers. Updated information on these organisations and agencies was cross referenced with internet sources and websites associated with each organization to create the most complete compilation of information that I could. All background and general information was either gathered from online, or newspaper archives. The project in total consumed approximately 100 hours.

STRUCTURE OF CATEGORIES

The mapping is roughly divided into three sections.

The first section lists some of the most basic necessities of a community, including churches, schools, Garda stations, health care and public services.

The second section lists community groups that together comprise an extremely wide range of missions and services.

The final section lists hobby groups and associations with more specialist interests that are open to everyone. Complete information was not available for all groups, but they have still been included in the listing with what information was available.

At the time of publishing all information is believed to be correct.

COMMUNITY SERVICES

BALLYNANTY HEALTH CENTRE	
Mission	
To provide a range of social workers and health services to those in need.	
Services	
<ul style="list-style-type: none"> • Eye clinic • Speech and language therapist • Public health nursing • Occupational therapist • Welfare / child protection social worker • Safeguarding and protection teen social worker • Primary care social worker 	
Phone	(062) 457100
Address	Kileely Rd, Kileely, Limerick
Additional Information	
www.hse.ie/eng/services/list/1/lho/limerick/health-centres	

CORPUS CHRISTI MOYROSS PARISH	
Mission	
<p>“To build a community where the dignity of everyone is respected and valued and where everyone feels that they are loved and respected, a community where everyone is treated as a child of God uniquely and unconditionally loved, a community where everyone can flourish according to their abilities and dreams, a community open to the needs of others in the city, country and world, a community open to meeting our God who we believe lives among us and loves each and every one with a personal and unconditional love, a community of disciples of Jesus of Nazareth, living alongside others who want to work and build community with us.”</p>	
Services	
<ul style="list-style-type: none"> • Weekly mass • Additional mass and services during significant times • Tuesday coffee morning • Community Bingo 	
Phone	(061) 451783
E-mail	moyrossparish@gmail.com
Address	Moyross, Limerick
Additional Information	
moyrossparish.com	



Community, Wellness, Empowerment, Leadership and Life-skills

MISSION:

To proactively address community health issues in a way that the building of healthy partnerships enhances existing strengths, fosters community resilience and leadership, contributing towards improving quality of life and the creation of healthy and sustainable communities.”

IMPLEMENTATION:

The Community Wellness Empowerment Leadership and Life-skills (CWELL) Diploma Programme is co-designed by local communities and UL staff, in order to address specific needs identified by the community in relation to: physical and mental health and well-being; personal development and skills acquisition; the application of local knowledge to development practice; and leading and sustaining positive change in local communities.

The CWELL programme operates via local community consortia representing the full pathway to education and skills in the local area and comprising representatives from: local schools, residents, community groups, adult education, business and higher education.

REACH:

The CWELL programme operates in all five regeneration areas, taking five Diploma students from each. These are supported by their local community consortium as well as University of Limerick UL Practicum students acting as peer mentors and learners.

EMAIL

Maura.Adshead@ul.ie

CONTACT PERSON

Maura Adshead

ADDITIONAL INFORMATION

www.ul.ie/engage/node/185

FRANCISCAN FRIARS OF THE RENEWAL

Mission

“To wholehearted embracing of Jesus Christ, following the example of Our Holy Father, Saint Francis.”

Services

- Good Shepherd Youth Club
- Adoration Prayer group
- Monthly Padre Pio healing night
- Youth group
- Youth ministry
- Evangelization, or bringing the good new of Jesus to the public

Phone (061) 458071

E-mail franciscanfriarsnyc@gmail.com

Address 64 Delmege Park, Moyross, Limerick

Additional Information

franciscanfriars.com

MAYORSTONE PARK GARDA STATION

Mission

“To deliver professional policing and security services with the trust, confidence and support of the people we serve.”

Services

- Support for victims of crime
- Assistance with passport forms and age cards
- Advice and information on:
 - Child protection
 - Violence against women
 - Crime prevention
 - Burglary prevention

Phone (061) 456980

E-mail Available through website

Contact Conner O Brien

Address Mayorstone Park, Limerick

Additional Information

www.garda.ie/en/Contact-Us/Station-Directory/Mayorstone-Park.html

MOYROSS COMMUNITY HEALTH CENTRE

Mission

To proactively and effectively help the surrounding community through health services.

Services

- No appointment necessary
- Developmental care for children
- Wound dressings
- Liaison with maternity hospital
- Home visits
- Advice and information

Phone (061) 326010

E-mail oneilltiernan@gmail.com

Contact Collette Bolger, Michael McNamara, Jenny Moloney

Address Moyross Community Enterprise Centre, Moyross, Limerick

SCHOOL

THOMOND PRIMARY SCHOOL

Phone (061) 452755

E-mail thomondps@gmail.com

Contact Sinead Toomey

Address Ballynanty Road, Limerick

Additional Information

www.facebook.com/Thomond-Primary-School-1610147175901288/



WATCH HOUSE CROSS LIBRARY

Mission

“To support lifelong learning by providing a space that encourages a love of reading and promotes literacy, culture and information access on the north side of Limerick City.”

Services

- Book entitlement
- Three community rooms available to community and voluntary groups free of charge
- 21 PC's in a dedicated room providing internet access, complete with Windows Vista and Microsoft Office
- Exhibition room for use by community groups, voluntary groups, or local artists
- Book clubs in all genres for education and leisure

Phone (061) 457726

E-mail patricia.cusack@limerick.ie

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.limerickcity.ie/Library/WatchHouseCrossCommunityLibrary



COMMUNITY ORGANISATIONS

BARNARDOS

Mission

“To provide services and support directly to children and families who need us most and to campaign for the rights of all children in Ireland, and provide training and knowledge resources to childcare professionals.”

Services

14 different types of services that respond to the individual needs of each child and family. These include:

- family support, early years, teen parents, breakfast clubs, friendship groups, a homemaker service, bereavement care, and post adoption support
- Campaigning to improve governmental policies, procedures and laws that affect children’s lives
- Childcare experts provide training to childcare practitioners, parents, caregivers, and anyone working with children

Phone (061) 329298

E-mail info@limerick.barnardos.ie

Contact Laura Keane

Address 1 Pineview Garden, Moyross, Limerick

Additional Information

www.barnardos.ie/index.html

CAHERDAVIN & DISTRICT CREDIT UNION

Mission

To provide the community with a safe, affordable resource for all of their banking needs.

Services

- Savings and checking accounts
- Loans
- Saving stamps
- Bill payment: gas and multi channel—Chorus and wheelie bin stickers
- VHI and BUPA discounts
- Foreign exchange
- House insurance

Phone (061) 455831

E-mail info@caherdavincu.ie

Address Moyross Community Enterprise Centre, Moyross, Limerick

Additional Information

www.caherdavincreditunion.ie

CEIM AR CHEIM

Mission

To help those aged 15-25 who may be clients of the Probation Service to explore their potential and avoid antisocial behavior.

Services

- Addiction treatment
- Counselling
- FETAC modules
- Community service
- Day centre
- Training and employment programme

Phone (061) 322122

E-mail slatteryelaine@gmail.com

Contact Elaine Slattery

Address Unit 5, The Bays, Knockalisheen Road, Moyross, Limerick

Additional Information

www.limerick.ie/discover/living/community-services/education-training/ceim-ar-cheim-moyross-probation-project

CHANGING IRELAND

Mission

“To be a positive, editorially independent magazine that gives people and communities on the margins a voice and in particular to highlight remarkable achievements at a community level.”

Services

- Quarterly development magazine produced in Moyross
- Opportunities to volunteer with them
- Giving a voice to the marginalized of society
- Embedding a sense of humour into their work
- Printed on recycled paper with vegetable ink

Phone (061) 458011

E-mail editor@changingireland.ie

Contact Editor: Allen Meagher

Address Unit 3, Sarsfield Business Centre, Moyross Gardens, Limerick

Additional Information

www.changingireland.ie

DISTILLERY VIEW DAYCARE CENTRE

Mission

To provide reliable and high quality daycare to the local residents.

Services

- (ECCE) Early Childhood Care and Education is subsidized for children pre-school age. Children are eligible if they are aged over 3 years and not older than 5 and a half.
- (CCS) Community Childcare Subvention programme for low income families.

Phone (061) 454123

E-mail distilleryviewlimerick@eircom.net

Contact Childcare Leader: Margaret Monahan

Address Distillery View, Quarry Road, Thomondgate, Limerick

Additional Information

www.respond.ie/community-services/childcare-services/distillery-view-childcare-centre

EXTERN

Mission

“Provide flexible, community based and targeted support to children and young people most in need, assisting in their development and providing individual support to underpin their current living arrangements.”

Services

- Janus Programme which provides individual support for those aged 8-17
- Time Out, which is a short-term respite programme for children 8-17 and for their caregivers to be assessed by the health services exchange to avoid crisis situations
- Homelessness support
- Naloxone training to aid those who overdose on opiates

Phone (061) 457222

E-mail mike.walsh@extern.org

Contact Mike Walsh

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.extern.org/

LEARNING HUB LIMERICK

Mission

“The Learning Hub works in partnership with parents, education providers, statutory agencies and the wider Limerick community to provide a safe, welcoming and inspiring learning environment where young people can reach their true potential.”

Services

- Music hub designed to offer a low cost opportunity to learn music
- Science hub which puts on shows and working in schools to inspire students about science, technology, engineering, and mathematics (STEM).
- Art hub which provides an introduction to a wide range of art
- Health hub meant for everyone as a holistic approach to health education
- Digi hub for all things technology related
- Story hub as a safe space for children's imaginations to run wild

Phone (061) 453099

E-mail jennifer@learninghub.ie

Contact Jennifer Moroney-Ward

Address Kileely House, New Rd, Kileely, Limerick

Additional Information

www.learninghub.ie



LIMERICK CDP MOYROSS OFFICE

Mission

The Moyross branch of the Limerick Community Development Programme strives to provide support in a variety of ways to make our communities better.

Services

- Produces Moyross, a local newspaper, 4 times a year— articles, poems, picture, etc. can be dropped off at the Community Centre
- Support for Moyross community groups
- Support, advice, and information for 3rd level students
- Links to Universities / access to grants
- Promotion of community development
- Support networking between groups and the formation of new groups

Phone (061) 421904

E-mail cdnmoy@moyross.ie

Contact Geraldine Clohessy

Address Moyross Community Enterprise Centre, Moyross, Limerick

Additional Information

www.ul.ie/engage/node/243

LIMERICK WOMEN'S NETWORK

Mission

“To provide structured support to both individual women and women’s groups in Limerick.”

Services

- Information on agencies that provide services to women
- References to education, training and networking opportunities
- Events and information sessions to support women
- Lobby on issues that affect them
- Meeting space and use of facilities

Phone (061) 275970

E-mail lpplink7@gmail.com

Contact Liz Price

Address Unit 2, Sarsfield Business Centre, Moyross, Limerick

Additional Information

<https://www.limerick.ie/limerick-womens-network>

LIMERICK YOUTH SERVICE (NORTHSIDE YOUTH SPACE)

Mission

“To enhance the personal and social development of young persons through their voluntary participation, and which is complementary to their formal, academic or vocational education and training; and provided primarily by voluntary youth work organizations.”

Services

The Northside Youth Space is Home too:

- Ballynanty Youth Club
- Ballynanty Garda Youth Diversion Project aimed to help young people avoid trouble and develop a sense of community
- Steps Youth Café for those aged 14-19 to hang out, access information, and develop relationships.
- Youth and family support project
- Youth information service
- Youth mental health project

Phone (083) 8546757

E-mail staceyl@limerickyouthservice.com

Contact Stacey Lyons

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.limerickyouthservice.com/



MILLENNIUM JOBS CLUB

Mission

“To provide a range of facilities and services which will enable participants to acquire the necessary skills to plan, actively seek and achieve realistic employment opportunities.”

Services

- CV preparation and application forms
- Interview skills
- Aid in job searching
- Personal development
- Recruiting services to employers
- Career guidance for school leavers
- Free to the unemployed

Phone (061) 329133

E-mail millenniumjobsclub1@gmail.com

Contact Mary McNerney

Address Unit 9, Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.limerick.ie/discover/living/community-services/employment/millennium-jobs-club

MOYROSS COMMUNITY COMPANIONS

Mission

“To provide compassion through conversation for those in need to make Moyross a better place to live, work, play and learn.”

Services

- A department of Corpus Christi Moyross Parish
- Personalized meetings in homes, the community centre, or local shops
- A listening ear to help
- Referrals to other programmes

Phone (061) 329606

E-mail info@communitycompanions.org

Contact Ann Marie O’Connor / Breda Duggan

Address Corpus Christi Moyross Parish, Moyross, Limerick

Additional Information

moyrossparish.com/church-groups/the-companions

MOYROSS COMMUNITY EDUCATION PROJECT

Mission

To provide education in a wide range of topics.

Services

- Sewing / crafts / card making
- Communications
- Computers / internet / E-mail
- Family learning
- Aerobics
- Cooking
- Childcare
- Conversational Spanish

Phone (061) 325300

E-mail moyaded@moyross.ie

Contact Josephine Sheedy

Address Unit 6 & 7, Sarsfield Business Centre, Moyross, Limerick

MOYROSS COMMUNITY ENTERPRISE CENTRE

Mission

To provide affordable community facilities to help improve employment opportunities for residents of Moyross.

Services

- Playground
- Maintenance of public areas
- Community bus
- Community centre meeting rooms / hall
- Bingo
- Sports field / all weather pitch
- Micro enterprise units
- Community meals / catering
- Community based CCTV monitoring

Phone (061) 326057

E-mail admin@moyross.ie

Address Moyross Community Enterprise Centre, Moyross, Limerick

Additional Information

www.limerick.ie/discover/living/community-services/childcare/moyross-community-enterprise-centre

MOYROSS INTEGRATED CHILDCARE SERVICE

Mission

To provide childcare for working parents, those in school, and general community support.

Services

- Creche
- Pre-School morning and afternoon sessions
- After School

Phone (061) 321152

Contact Alice McElliot

Address Moyross Community Enterprise Centre, Moyross, Limerick

MOYROSS PARTNERS

Mission

To foster collaboration and serve as an umbrella groups for all community and voluntary groups in Moyross

Services

- A forum for issues to be raised that meets bi monthly
- Ability to send representatives from Moyross onto external bodies
- Open to all groups working in Moyross
- Individual residents are also welcome to attend

Phone (061) 326057

Contact Geraldine Clohessy

Address Moyross Community Enterprise Centre, Moyross, Limerick

MOYROSS RESIDENTS FORUM

Mission

“To stay in touch with the residents of Moyross, allowing them to voice their opinions and help enact change.”

Services

- Giving all residents in Moyross a voice
- Promotion of a positive image of Moyross
- Enabling communication between residents and Limerick City Council
- Formulating environmental proposals with residents
- Initiating new projects
- Supporting local residents groups
- An opportunity to become thoughtfully engaged in the community
- If interested in being on the board please contact Tracy

Phone 087 9184823

E-mail moyresidents@moyross.ie

Contact Tracy McElligott

Address Moyross Community Enterprise Centre, Moyross, Limerick

Additional Information

www.limerick.ie/moyross-residents-forum

MOYROSS SECRETARIAL SERVICES

Mission

To provide a variety of secretarial services to the citizens we serve.

Services

- Welfare rights information and application forms
- Information on services of Limerick City & County Council, Health Service Executive (HSE) etc.
- Job applications support
- Photocopying and laminating
- Help typing CV's
- Computer classes
- Tickets typed

Phone (061) 421915

Contact Noelle or Catherine

Address Moyross Community Enterprise Centre, Moyross, Limerick

MOYROSS YOUTH INTERVENTION PROJECT

Mission	
To aid the youth in the area in many ways to help improve outcomes.	
Services	
<ul style="list-style-type: none"> • Homework support • Group work modules • One on one support • Cookery and baking lessons • Residential and day trips • Sports and recreational activities • Parents morning • Mother and toddler group 	
Phone	(061) 325339
E-mail	helenc@limerickyouthservice.com
Contact	Helen Clancy / Anna Bourke
Address	1-3 Whitecross Gardens, Moyross

NORTHSTAR FAMILY SUPPORT PROJECT

Mission	
"To provide non-judgmental and confidential supports to family members and friends who are affected by drug and alcohol misuse."	
Services	
<ul style="list-style-type: none"> • Personalized one on one work • Peer support groups • Respite • Training • Advocacy • Community coffee mornings • Referrals to other agencies • Residentials 	
Phone	(061) 459260
E-mail	reception@northstarproject.ie
Contact	Mike Moran
Address	Watch House Cross Shopping Centre, Moyross, Limerick
Additional Information	
www.northstarproject.ie/index.html	

NORTHSIDE FAMILY RESOURCE CENTRE

Mission

“To provide a wide range of services to foster community and help those who are in need.”

Services

- Family support through family support workers, parenting lessons, and more
- Adult community education courses in arts, cookery, computers, Junior and Leaving Certificate English and Maths, and many more
- Women's and men's support groups
- Childcare
- Older people service including meals on wheels, weekly social clubs, transport services, home maintenance and more
- Youthwork for all ages that includes a homework club, youth leadership, boys group, etc.
- Community garden and environment programme encouraging the growth of flowers/vegetables, gardening groups and classes and community clean-ups

Phone (061) 326623

E-mail info@stmunchinsfrc.ie

Address Clonconnane Road Ballynanty, Limerick

Additional Information

www.stmunchinsfrc.ie

NORTHSIDE LOCAL EMPLOYMENT SERVICE

Mission

To provide guidance and support to unemployed people that can help them find suitable employment or to develop skills by accessing training and educational opportunities.

Services

- Free of charge services
- Mediation for work/training
- One-to-one advice and guidance
- CV preparation and mock interviews

Phone (061) 412 999

E-mail Through the website listed below

Contact Pauline McCormack/Noel McNamara

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.les.ie

NORTHSIDE REGENERATION OFFICE

Mission

To oversee and help implement the Northside Regeneration efforts.

Services

- Information on the regeneration efforts
- Physical regeneration such as removing infrastructure barriers, new housing construction, and energy efficiency improvements.
- Social regeneration such as education, employability for those detached from the labour market, and targeted support for families with difficulties and youth at risk.
- Economic regeneration such as work placement initiatives, incentivised inward investing and social enterprise hubs for start ups.

Phone (061) 458884

E-mail info@limerickregeneration.ie

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.limerick.ie/council/services/housing/regeneration/about-limerick-regeneration

NORTHSIDE WE'RE OK

Mission

“To facilitate a coordinated approach to the drugs issue on the north side of Limerick City by supporting young people, parents and families to make informed choices around drug misuse using preventative approaches.”

Services

- For those aged 10-21 and their families
- Drug education for groups
- Engaging and resource alternative activities
- Advice, reassurance, and education for parents/guardians
- Referral service for those in need to find other agencies
- Particularly many summer activities

Phone (061) 459262

E-mail trisha@wereok.ie

Contact Patricia Whelan

Address Unit 11C, Watchouse Cross, Moyross

Additional Information

nwoyi.wordpress.com

NORTHSIDE YOUTHREACH

Mission

“To help early school leavers aged 15-20 identify options within adult life and provide them with opportunities to acquire certification. Operating year-round and having a continuous intake policy.”

Services

- Personalized attention
- Connection with work experience
- Leisure activities
- Career guidance

Phone	(061) 322469
E-mail	damienoconnel@clvec.cie
Contact	Damien O Connell
Address	Watch House Cross Shopping Centre

Additional Information

www.youthreach.ie

RESPOND HOUSING ASSOCIATION

Mission

“We seek to create a positive future for people by alleviating poverty and creating vibrant, socially integrated communities. We do this by providing access to education, childcare, community development programmes, housing and other supports.”

Services

- Dwelling for families, the elderly and homeless women and children
- Two large community rooms for activities
- Continuing education courses
- Differential and economic renting schemes which lower rent payments for those who have extenuating circumstances

Phone	(061) 326207
E-mail	Susandunne@respond.ie
Contact	Susan Dunne
Address	32 Ballygrennan Close, Moyross, Limerick

Additional Information

www.respond.ie

ST. LELIA'S CHURCH

Mission

We are "committed to being Jesus' disciples, and to living our lives according to his teachings. Our goal is to better the world from the inside out; working through our hearts and wills and not laws."

Services

- Weekly mass
- Baptisms
- Youth ministry
- Chaplaincy
- Adult faith formation

Phone (061) 455635 Parish Office / (061) 455133 Church

E-mail stmunchinspresbytery@eircom.net

Contact Louise Kennedy

Address Kileely Rd, Kileely, Limerick

Additional Information

www.limerickdiocese.org

ST. MUNCHINS COMMUNITY CENTRE

Mission

"We aim to be an approachable, energetic, motivating and developing group who will assist our community to develop a sense of pride and reach its full potential. Our aim is to achieve this through supporting development within our community, networking, identifying and responding to needs and issues. We aim to enjoy what we do."

Services

- A meeting space for local community/voluntary groups
- Addressing social isolation for the elderly of the community
- Responding to general local needs
- Community Café, a place for members of the community to bond while sharing a meal
- Meals on wheels for a variety of those in need
- Be Beautiful salon and barber shop

Phone (061) 458651

E-mail actthomondhouse@eircom.net

Address Kileely Court, Kileely, Limerick

Additional Information

www.stmunchinscommunitycentre.ie

ST. VINCENT DE PAUL

Mission

“To fight poverty in all its forms through the physical assistance of people in need.”

Services

- Food vouchers / Furniture
- Education grants /
- Revision classes for 2nd level students
- Holiday breaks
- Hostels and refuges
- Social housing projects
- Youth clubs
- Prison visitation
- Drop in Centres

Phone (061) 317327

E-mail info.midwest@svp.ie

Address Ozanam House, Hartstonge Street, Limerick

Additional Information

www.svp.ie

SUAIMHNEAS (RESPOND HOUSING ASSOCIATION)

Mission

“To provide emergency accommodation for homeless women with their children that is safe, welcoming, family centered and homely.”

Services

- Support, resources and information for families progressing towards re-housing
- Accommodation facilities that include: full kitchen and dining area, laundry, playroom, parents lounge, payphone
- Each family assigned to their own bedroom
- A key worker assigned to each family
- Personal development, cookery classes, and health and hygiene

Phone (061) 328385

E-mail Available through their website

Contact Rosemarie Fitzgerald

Address 29 Ballygenna Close, Moyross, Limerick

Additional Information

www.respond.ie/community-services/special-projects/suaimhneas

THOMOND HOUSE

Mission

To ease the burden of homelessness for those living in the community by providing structured support to assess both housing and support needs.

Services

- A personalized assessment to create a stability pathway designed to “enable and empower”
- Long term supported housing
- 24 hour Thomond House Emergency Accommodation Service
- Life skills training programme: home making, personal care, budgeting, hygiene, cooking, etc.

Phone Housing services and administration: (061) 325011

E-mail actthomondhouse@eircom.net

Address Thomondgate, Limerick

Additional Information

www.thomondhouse.ie

YOUTH ADVOCACY PROJECT

Mission

“To reintegrate vulnerable young people into the community and to create long-term links with formal and informal services.”

Services

- Group activities and events
- Independent advocacy service
- Intensive support programme for those aged 10-18 who are at high risk of placement in care, secure care, and custody
- Family support programme for those in need of focused support
- Aftercare support programme to aid in transition from care to independent living for those aged 17-10
- Disability and mental health intensive support service
- Children detention school pilot intensive support service
- Access support programme provides transport for children and families who are involved with the Health Service Executive (HSE)

Phone (061) 322 815

E-mail fshields@yapireland.ie

Address Watch House Cross Shopping Centre, Moyross, Limerick

Additional Information

www.yapireland.ie

CLUB LIST

CORPUS CHRISTI KICKBOXING CLUB

Phone	(061) 415344	Contact	Jeff Fitzgerald
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SHADES YOUTH CLUB

Phone	(061) 325696	Contact	Dave Mulcahy / Carmel O'Doherty
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THE BAYZE SIDE CLUB

Phone	(061) 325696	Contact	Terry Byrne
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CORPUS CHRISTI PIPES AND DRUMS

Phone	(061) 451344	Contact	Dave Mulcahy
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CORPUS CHRISTI KUNG FU CLUB

Phone	(061) 451344	Contact	Carmel O'Doherty
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CORPUS CHRISTI BOXING CLUB

Phone	(061) 451344	Contact	Eddie O'Shaughnessy
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MOYROSS GYM

Phone	(061) 325696	Contact	Carmel O'Doherty
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LIT SARSFIELDS GAA CLUB

Phone	(086) 1002282	Contact	Hilary Pratt
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MOYROSS UNITED FOOTBALL CLUB

Phone	(087) 9413760	Contact	Sean Flanagan
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THOMOND RUGBY FOOTBALL CLUB

Phone	(061) 328135	Contact	Pat Sherlock
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FRIENDS AND NEIGHBOURS CLUB

Phone	(061) 425511	Contact	Sr. Catherine Ryan
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SUNFLOWER PROJECT (BEREAVEMENT SUPPORT)

Phone	(061) 455950	Contact	Marie Treasa
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EMERGENCY AND HELPLINE NUMBERS

Callsave numbers indicated with ^ (1 850 numbers)

FreeFone numbers indicated with *(1 800 numbers)

Adapt (Abused women)	(061) 412354
AMEN (Male victims of domestic abuse)	(046) 23716
CARI (Families, children, etc. affected by sexual abuse)	(046) 23718
Childline (For youth's concerns)	*1 800 666 666
Crime Stoppers	*1 800 250 025
CURA (Pregnancy support)	^1 850 622626
Drugs Treatment Centre Board	01 648 86 00
Drug and Alcohol Helpline	*1 800 459 459
Focus Ireland (Homelessness support)	(061) 405300
Gingerbread (One parent families)	0808 802 0295
Rape Crisis Centre	*1 800 778 888 / (061) 311 511
GOSHH (Sexual health)	(061) 316661
Samaritans (General emotional support)	(061) 412111
Thomond House (Homelessness)	(061) 325011
Victim Support	^1 850 661 771
Women's Aid	*1 800 341 900
Women's Emergency Hostel	01 873 22 78

HOSPITALS

Limerick Regional Hospital	(061) 301111
Limerick Regional Maternity	(061) 327455
Limerick Psychiatric (St. Josephs)	(061) 416166
Limerick St. Camillus	(061) 326 667
Limerick St. Johns	(061) 415 822

GARDA STATIONS

Mayorstone Garda Station	(061) 328 488
Henry Street Garda Station	(061) 212 400
Garda Confidential Hotline	*1 800 666 111

SERVICES

ESB Customer Service	^1 850 372372
ESB Emergency	^1 850 372 999
Board Gais Customer Service	(061) 208 400
Board Gais 24 Hour Emergency	^1 850 20 50 50
Corporation Moyross Department	(061) 325719
Citizens Information Centre	(061) 311 444
Limerick City and County Council	(061) 415799

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